



# Unconscious Bias Training Course

Unconscious bias is something that affects everyone, and no one pretends that it's easily eradicated. But realising that it does exist and that it is potentially creating business risk is a good starting point.

## Course Content

The training is intended to alert participants to bias that could affect decisions regarding recruitment, promotion and attitudes to others in the workplace. The programme includes:

- unconscious bias training
- flexible working initiatives
- mentoring;

## Course Objectives

Objectives include:

- Increase the learners' awareness of the concept of Unconscious Bias
- Assist learners to recognise bias within themselves
- Enable learners to recognise the impact of their personal bias on others
- Ensure the learner understands bias is natural, but needs to be managed
- Empower the learner to manage their own bias

## Areas for Delivery

- Assessments
- Activities
- Equality Act 2010
- Unconscious Bias
- Types of behaviour

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