



Equality and Diversity UK

Human Library Introduction Script

"Welcome to tonight's Human Library Event — a space where stories matter and lived experience is our best teacher.

The Human Library concept started in 2000 in Copenhagen, Denmark. It was created to break down stereotypes and discrimination by allowing people to 'read' a person to listen to their lived experience openly and honestly.

The idea is simple and profound: *if we can understand one person's story, we can better understand ourselves, our communities, and the world we live in.*

On 1st October 2025, as we launch Black History Month, we focus on stories inspired by the Windrush generation, heritage, belonging, and identity. Our 'Human Books' authors, storytellers, and contributors will invite you into moments of their lives.

As listeners, your role is to respect, learn, ask questions, and carry the understanding you gain beyond this space.

Through these conversations, we can nurture belonging, deepen understanding, and open ourselves to the beauty and strength that lived experience can teach us.

Thank you for booking a place/places for planning to show up, for agreeing to share openly, and for making space for belonging."



Human Library Event Agenda

Theme: Listening to Lived Experiences — Windrush and Identity

Date: Wednesday 1st October 2025

Time: 6.00pm – 8.00pm (Online Event)

Agenda

- Welcome & Introduction
- Introduction to the Human Library concept, its history, and benefits.

Outline of the evening.

6:10 - 6:40 pm	Human Book 1 Story shared by a Windrush elder about heritage, belonging, and identity. Time for listener questions and reflections.
6:40 - 7:10 pm	Human Book 2 Story shared about identity and belonging. Time for listener questions and reflections.
7:10 - 7:40 pm	Human Book 3 Story shared about heritage, belonging, and resilience. Time for listener questions and reflections.
7:40 - 7:55 pm	Poetry & Reflection Corner Short poem or piece of prose inspired by Lived Experience or heritage. Space for attendees to reflect and share thoughts.
7:55 - 8:00 pm	Closing Remarks and Call to Action Summary of key takeaways. Invitation to continue the conversation beyond the event.

- Details about next Book Club and Human Library sessions.

