





'Not Racist' vs. Antiracist



Equality and Diversity UK





www.equalityanddiversity.co.uk

'Not Racist'

-  **Colorblindness:** Saying things such as 'I don't see color' or 'I don't care whether you are Black, white, or purple'
-  **Proximity:** Making comments like, 'My husband/ kids/ uncle/ brother/ friend/ roommate is Black, so I can't be racist!'
-  **Avoidance:** Avoiding conversations about race and racism, and asserting that talking about racism perpetuates it
-  **Silence:** Staying silent when others make racist comments or jokes, noting that it's ok as long as you are not the one saying it



Antiracist

-  **Awareness:** Being aware of your own biases, privileges, and how you benefit from white supremacy
-  **Listening:** Leaning in and listening without centering your own experiences and whiteness; owning your mistakes and not getting defensive
-  **Education:** Educating yourself on race, racism, and white supremacy; paying Black educators (not expecting free education)
-  **Activism:** Speaking out in your personal life, professional life, and social media, and calling people out/in as needed

