



Equality &  
Diversity UK

Training • Resources • Network



This course is available as an In-House Course and we also run it as an Open Course in London and Manchester

## Unconscious Bias Training Course

We all carry unconscious bias in our day to day living; naturally it is deeply ingrained within us. This course explores the implications of unconscious bias and the idea that recognition is part of the solution for something your organisation cannot afford to ignore.

If unchallenged, unconscious bias amongst a leadership and management team may have a diverse impact on recruitment, performance management and promotions. Action should be taken to recognise the signs of forms of discrimination and attempts made to eliminate it from decisions affecting employees and customers. This course will give you the confidence to tackle those issues in your own workforce.

### The Benefits of attending this training

- understand the legal framework of discrimination law
- understand the implications of managing diverse attitudes
- identify the risks of failing to address employee unwanted behaviour and discrimination
- increase their competence in dealing with unwanted behaviour and discrimination
- 

### Course Aims

The aim of this course is to promote equality, diversity and inclusion within your Leadership and Management teams. Delegates attending this course will feel confident in tackling unwanted behaviour within the workplace and be aware of tools and strategies one can use to do this.

## By the end of this course delegates will be able to:

- Analyse the danger behind the concepts of stereotypes for the workplace
- Explore the implications behind discrimination in the workplace
- Understand the cognitive processing behind the development of our values systems through examining a sociological & psychological model behind the evolution of our values.
- Analyse some our own lives and individual case studies to demonstrate some common types of Unconscious bias.

## Who should take this course?

This training will be beneficial for all line managers and team leaders at both operational and strategic levels.

## How is the course structured?

The course is run as a 1-day workshop. Delivery is through a mixture of interactive methods and involves delegates in group exercises and discussions. Training is both practical and thought provoking.

## Cost

### Open Course

Delegate Rate: £395.

This includes lunch, refreshments and course pack to take away

This is reduced to £355 per delegate for Network members and where more than one person from an organisation books on to the same course

### In House Course

Half Day: £495

Full Day: £795

These rates are for groups of up to 20 delegates

Travel costs are in addition. Please see our [Costs and Agreement](#)

### Equality and Diversity UK Contact Details

Email: [info@equalityanddiversity.co.uk](mailto:info@equalityanddiversity.co.uk)

Telephone: 0161 763 4783

Website: [www.equalityanddiversity.co.uk](http://www.equalityanddiversity.co.uk)