

UNPACKED: OPEN SPACE COURAGEOUS CONVERSATIONS

HUMAN LIBRARY STORIES –
YOUNG PEOPLE'S LIVED EXPERIENCES OF RACISM



Have you experienced racism in school, college, university, your community, on public transport, online, at work, or in social spaces?



Would you like to help create change for future generations?

Join our Open Space Courageous Conversations, where young people can safely share their lived experiences of racism and help shape solutions that make communities, education and public services safer, fairer and more inclusive.

Together, we will create our **Human Library Stories** and contribute to our 'Unpacked' Podcast Series, giving young people the opportunity to tell their stories in their own words.

WHY TAKE PART?

- ✓ Your voice will influence future conversations around race equality.
- ✓ Help develop recommendations for organisations and decision makers.
- ✓ Contribute to the Human Library and 'Unpacked' Podcast Series.
- ✓ Meet other young people who want to create positive change.
- ✓ Every participant will receive **food vouchers** to use at one of their local takeaways as a thank you for sharing your time and experiences.



**BE HEARD.
BE SEEN.
BE THE CHANGE.**

EVERY STORY SHARED
HELPS US MOVE FROM
AWARENESS TO ACTION.

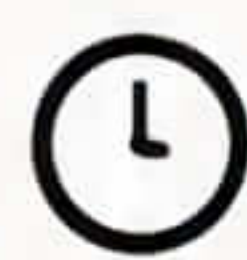
COME AND
HELP US
UNPACK RACISM...
TOGETHER.



ONLINE
VIA ZOOM



21 SEPTEMBER
2026



90
MINUTES

YOUR **STORY** MATTERS.
YOUR **VOICE** MATTERS.
YOUR **EXPERIENCE** MATTERS.



WE WANT TO HEAR ABOUT:

- Experiences of racism in education
- Racism in communities and neighbourhoods
- Public transport and travel experiences
- Social media and online discrimination
- Workplace experiences
- The emotional impact of racism
- What has helped?
- What needs to change?
- What real safety and belonging look like

ABOUT THE 'UNPACKED' PODCAST SERIES



The 'Unpacked' podcast explores lived experiences around race and the impact racism has on young people's everyday lives.

Together we will explore:

- What safety from racial discrimination really looks like.
- How racism affects wellbeing and mental health.
- How racial inequality impacts childhood through adulthood.
- What communities are already doing well.
- What more schools, colleges, universities, employers and public services need to do.
- How we can place the welfare and safeguarding of young people at the centre of everything we do.



INTERESTED?

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YOUR INTEREST OR FIND OUT MORE.

SPACES ARE LIMITED – REGISTER TODAY!



YOUR VOICE
MATTERS



SAFE SPACE

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